



## YMCA DERBYSHIRE

# MENTORING PROJECT

Helping young people to achieve their personal and vocational goals, through partnerships with individuals from the business community.

# YMCA Derbyshire Mentoring Project

## Introduction

**Do you want to make a difference by providing guidance and support to young people, helping them on the road to personal and vocational achievement?**

Our young people have aspirations to succeed, all they lack is a network of support and appropriate role models to help them navigate the road to success.

**This is where you can help.**

## What does the role involve?

- Having regular meetings with young people at YMCA Campuses.
- Support young people to realise their assets and talents.
- Be a 'listening ear' for young people to share their thoughts, concerns and successes.
- Empower young people to succeed.

## What is the commitment?

A Business Mentor would be matched to a young person based on skills and interests. The mentoring support given to young people would be person-centred. We anticipate Business Mentors volunteering for around 4 hours per month for a minimum of six months.

## What we ask of you:

Patience and understanding: The young people we support at YMCA Derbyshire have often experienced some form of trauma in their lives, have low educational attainment or are experiencing poor mental health.

Sometimes it can be hard for our young people to engage and commit. The young people joining the mentoring programme will be moving along their positive pathway, but will still need support to stay on path, sometimes they may need to be encouraged to come along to sessions. Our YMCA team will work in partnership with Business Mentors to support our young people together.

## What we give to you:

YMCA Derbyshire will provide a four-session training programme delivered by our YMCA team. Prospective mentors need to commit to the training, which will link closely to YMCA Derbyshire's 'Skills for Independence' programme. We want to enable young people to utilise their newly acquired skills through their partnership with a mentor.

Mentors will have a supervision with a YMCA team member, enabling discussion to take place on progress with their mentees along with the opportunity to raise any concerns. In return for their involvement in the programme, participants will receive a range of benefits including training and ongoing support, a DBS check and the chance to make a real difference to young peoples lives.



**YMCA DERBYSHIRE**

**TOGETHER WE CAN CHANGE LIVES**

We'd love to hear from you.

Please do get in touch to learn more about our mentoring programme and how you can get involved.

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