

YMCA DERBYSHIRE

Annual Impact Report 2023



Here for young people
Here for communities
Here for you



We provide housing to over

180

people every night who would otherwise be without a safe place to live.

Experiencing homelessness doesn't just mean that you're without a home, job, or bank account – you have **no support network, no status**, in essence you're experiencing a **loss of identity**.

By having the YMCA there, they give back the identity to that individual, their own front door, and a pathway to gaining credentials, their independence, and their life back.

If anyone out there is experiencing homelessness, call the Homeless Tonight team at the council house: **01332 888777** and choose **OPTION 4**.

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INTRODUCTION

This report is a review of YMCA Derbyshire's (YMCAD) Supported Housing within the year of 2022. It also offers insight into our Housing provision, Pathways, how our support is developed, progression and outcomes achieved by residents, an overview of our social value (value created against investment), case studies, and residents experience of our service.

To align our provision with local needs, local and national research has been embedded to support context.

Whilst 2023 is set to be an incredibly demanding year, financially, for all UK residents, those who feel the hit first continue to be from lower income, unstable households. Accessing genuinely affordable housing is a challenge, particularly for young people, with regard to inequality of the minimum wage, restricted entitlements of universal credit, and competition for social housing based on priority need – there are fewer accommodation interventions for young people, including emergency need.

Over the course of 2022, we supported:

272 individuals who were experiencing homelessness and seeking support to gain stable accommodation.

61

progressed in formal education

7

applied for university

1

completed an apprenticeship

81

increased their employability through volunteering/training courses

52

gained employment

21

gained alcohol/substance misuse support

126

gained mental and emotional support through counselling



Whilst many were ready to progress, facing increased private rents and long waiting lists for social housing, there was a significantly lower number of positive move-ons – from **127** in 2021, to only **57** in 2022.

The economic crisis is resulting in a staggering cost for those experiencing homelessness; in the height of the COVID pandemic **108** residents accomplished a positive move on to settled accommodation.

But challenged as they might be, our staff and residents continue to persevere and progress.

Against significant social challenges, the perseverance of YMCAD Support Housing has resulted in the creation of **£2.44** of social value for every **£1** invested in our provision.



NATIONAL STATISTICS ON POVERTY AND HOMELESSNESS

Homelessness is...

Rooflessness

(without a shelter of any kind, sleeping rough);

Houselessness

(with a place to sleep but temporary in institutions or shelter);

Living in insecure housing

(threatened with severe exclusion due to insecure tenancies, eviction, domestic violence);

Living in inadequate housing

(in caravans on illegal campsites, in unfit housing, in extreme overcrowding) (ETHOS, FEANTSA)

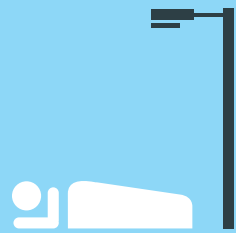
Age UK estimates

1.6 million
pensioners are
in poverty

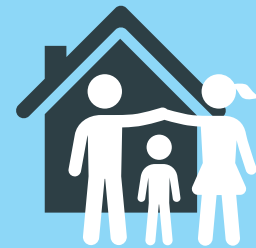
Homelessness is more likely amongst populations who also experience wider inequalities e.g; care leavers and people with experience of the criminal justice system



Co-morbidity amongst the longer-term homeless population is not unusual; the average age of death of a homeless person is **47** (lower for women – 43), compared to **77** years amongst the general population.



Official statistics report a **134%** increase in rough sleeping since 2009/10



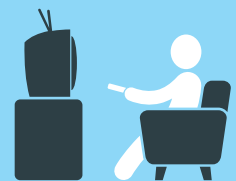
At the end of March 2017 there was an increase of **68%** of families with children in temporary accommodation since the low point in December 2010.



Children living in overcrowded homes miss school more frequently due to medical reasons than other children. Shelter 2006



One in five adults reports a housing problem e.g., affordability in the last five years, which had a negative impact on their mental health. Shelter, 2017



80% of single people experiencing homelessness want to work, but only **10%** are in paid employment



Low income in retirement is often linked to earlier low pay or time out of employment – homelessness earlier in life could be a contributory factor.



There has been a **111%** increase in older (over 60) statutory homeless applicants since 2009/10.



Homelessness in early life can impact on life chances and the longer a person experiences homelessness the more likely their health and wellbeing will be at risk.

Depending on where an individual is in their life, the effects of homelessness could **last a lifetime.**

To offer the most suitable provision to residents in our service, we invest our time in understanding the facts that can be a cause or contribute to the negative consequences of homelessness. By gaining insight into the wider impact, we can tailor our delivery so that it mitigates these risks. Literature research highlighted three key findings:

1. Housing instability has an educational impact that can be lasting¹

a. Attendance is vital to academic success. Ethnicity, household income, and disability are all associated with absenteeism, yet one group stands out in particular – homelessness.

We're firm advocates of improving residents' opportunities. We monitor development in basic skills and encourage engagement, including:

- ▶ Reading and numbers
- ▶ Deliver Multiply maths classes
- ▶ Encouraging all residents to engage with education and training
- ▶ Offering guidance and support for college and university applications
- ▶ Advertising volunteer and work experience opportunities
- ▶ Hosting trade training courses onsite
- ▶ Highlighting when local college and university fairs are running

2. Poor mental health is both a cause and a consequence of homelessness²

a. Homelessness often results from a combination of events such as relationship breakdown, debt, adverse experiences in childhood and ill health. Evidence tells us that the health of people experiencing homelessness is significantly worse than that of the general population.



Our support starts with registering residents at their local GP. Available onsite, we encourage residents who may find things difficult to access our in-house psychotherapist for one-to-one support, or even attend a drop-in session if they are unsure.

To support mental ill-health, we offer:

- ▶ Weekly wellbeing activities
- ▶ Fun evening events
- ▶ Nature therapy with access to our allotments
- ▶ Daily group walks

In addition, recently, we are piloting a peer support programme, led by our psychotherapist, through our Mental Health Champions project. When more attention is required, we make referrals to local specialist treatment from IAPT to group talking therapies.

3. Experiencing homelessness can also mean losing regular contact with those that matter to you and out of touch with services that can help³

We recognise that our attachments are our anchors. We promote a culture of collaboration and co-operation within our onsite services, and work closely with the voluntary, community, and social enterprise (VCSE) sector, working to improve support available and connections within our community.

We recently began our Warm Hub provision, opening the door to local community members who may be struggling with food poverty and isolation, offering warm cooked meals, activities, a place to meet and talk with others, or to talk to us, so we may offer tailored advice and guidance where further help can be found.

¹ Erb-Downward, J and Watt, P (2018). Missing school, missing a home: the link between chronic absenteeism, economic instability, and homelessness. Poverty Solutions. UofM

² Leng, G (2017). The Impact of Homelessness on Health. Local Government Association. UK

³ Sanders, B and Brown, B (2015). 'I was all on my own': experiences of loneliness and isolation amongst homeless people. Crisis.org

WHAT WE DO

Supporting those who have no place safe to live is our priority. YMCA Derbyshire is open **24/7, 365 days a year.**

Our Supported Housing provision follows several pathways, depending on an individual's age and needs. From our onsite campus to shared and single occupancy properties across Derby, we offer a variety of enrichment, learning, social, and volunteering activities to offer progression and respite. Each resident is seen as an individual, we encourage them to voice their aspirations and what challenges them. With regular resident meetings, we want to hear their voice, what adaptations we can make, and what opportunities we can provide, so that they can take ownership for their journey, and progress to their own place, towards their goals, and feel in control of their lives.

Young Persons Pathway (age 18-25)

Foyer

Our Foyer offer is an accredited provision for young people aged 18 – 25. We also incorporate Framework provision, working alongside the Children's and Young Peoples Services (CYPS), specifically to support young people under 18 who are leaving care, and those who are migrating or seeking asylum.

In 2022 we achieved the Foyer rating of operationally secure/strategically strong

We provide 33 en-suite rooms for Foyer residents, residents are catered for, alongside access to an onsite café. Every resident has a personal housing navigator, access to health and wellbeing opportunities and youth mentors. Within our onsite resident's lounge we host regular social evenings, and when they are not in education, employment, or training, they can attend weekly timetabled activities, for personal and professional development. Residents progress through thresholds of capability towards their independence, which may take up to 18 months.

As accredited members of the national Foyer Federation, we annually assess our development in addressing the real needs of the youth within supported housing.

“ I have received a lot of support from YMCA initial help for college and help to apply for the gym which has already been good for my mental health. I am grateful for my housing. I am grateful for my social worker and support worker. ”

YSTEPS

Our YSTEPS accommodation provides 20 two-bedroomed units for 18-35-year-olds. It is available as supported accommodation for anyone over the age of 18, and it is also a follow-on route for young people progressing from Foyer.

Residents on our YSTEPS pathway are focused on developing their independence. Housed offsite, within local communities in Derby, residents gain the experience of running their household, shopping for food, and getting to know the opportunities available locally. YSTEPS residents are still supported by a personal housing navigator, who offer:

- ▶ Asset-based coaching
- ▶ Information, advice, and guidance
- ▶ Signposting and referrals
- ▶ Encouraging engagement work-based learning
- ▶ Sourcing employment, education, and training
- ▶ Suitable activities and projects we have available onsite

YSTEPS offers a longer duration of residency, up to two years. This is to enable the service to act as a safety net, for residents that are ready to progress to independence but are waiting for available housing.

“ Gave me a roof, given me support whenever I have needed it, my navigator helped me find my confidence to get a job and get more control over my mental health. ”



Supported Housing Pathway

Onsite – Over 25s

At Campus, we have 43 units of supported housing, providing temporary accommodation (6-18 months), to individuals aged over 25 who are experiencing significant social difficulties.

Residents are supported by their own personal housing navigator, offering:

- ▶ Advocacy
- ▶ Signposting
- ▶ Referrals to relevant external services,
- ▶ Highlighting employability, education and training opportunities
- ▶ Access to our onsite café and regular weekly social activities
- ▶ Access to personal development workshops
- ▶ Multiply and Money Management sessions
- ▶ Activities to support wellbeing

Offsite

Our offsite accommodation offers **47** bedspaces made up of small, shared houses and self-contained studios and flats across the city and in Amber Valley.

Whilst our residents housed externally tend to already have sufficient independent living skills, our housing navigators maintain support so that residents can rebuild their confidence. We provide information, advice, and encouragement so that they are aware of available opportunities to progress into meaningful employment. In addition, our external supported housing enables residents to gain a track record of sustaining accommodation for future landlords. Often residents in our offsite properties are in employment and focused on sourcing their own accommodation.



STAR Project - Resettlement and Rehabilitation

The STAR project is the only project of its kind within Derby City. Since 2018 we have worked in close partnership with Derby Probation Services to provide 13 units of rehabilitation and resettlement accommodation for individuals recently released from prison.

Individuals on our STAR project are assigned a personal housing navigator and offered:

- ▶ Access to drug and alcohol rehabilitation groups and services
- ▶ Information, advice, and guidance for seeking training and employment opportunities
- ▶ In-house wellbeing courses
- ▶ Referrals to specialist mental health services if needed



Case Study Richard

“I was released from prison in September 2018. I was sofa surfing to start with, but I was then offered a flat with YMCA and Probation. I went ahead with it, and I have to say I didn’t want to leave when the time came.

I felt so secure there, but my licence was about to end so I had to move out but now I am really happy with where I am.

This is the first time ever I have completed a licence and I feel that if it wasn’t for the help of the YMCA and Probation then it could have been a different story.

So now I am crime-free and drug-free. I’m looking to get my mental health in the best place possible. I’m looking to get into the gym as this can help with that as well as it being great exercise.

I feel that if it wasn’t for the help of the YMCA and Probation then it could have been a different story”.

Family Provision

New to our provision in 2022, we began piloting family provision. To date we are supporting three single-parent families. All struggling to find permanent housing, and due to asylum or migration status, are not yet entitled to social housing and require emergency accommodation. Due to the age of the provision, and our role as an emergency housing provider (rather than supported) gathering a deeper understanding of the provision required an interview with a YMCAD navigator who is in contact with the families.

Though YMCAD provision lowers the cost for the Local Authority, who would otherwise be paying for B&B, the greatest impact of this provision is the mitigation of housing instability on the family, particularly young children. As discussed later in this report, housing instability is one of the leading factors of school absenteeism, which may delay or even prevent progression into stable employment. Moreover, one of the key findings is the limited level of support available externally for the families, which is compounded by parental low-level English speaking.

Due to this, our support goes beyond what is expected, navigators advocate for family needs, and help to clear misunderstandings (due to language) of family needs, and backgrounds. YMCAD also support with gaining donations such as clothes, TV's, and kitchenware. So far, the provision has been found to be incredibly impactful.

Housing navigator

They are so grateful; it is wonderful to work with them. The house is kept spotless, Mum is working hard to improve her English at ESOL classes. But it still takes a long time to communicate, but we're getting there. Social Care can only offer one meeting a month, which isn't long enough to get to know them, and help.

A family I am working with couldn't get housing because Mum couldn't tell Social Care that she was fleeing domestic violence. But having the time to get to know her, and finding this out, we can now begin to work with Social Care to help her find permanent housing.

Advantaged Thinking

Advantaged Thinking is all about taking a positive view through positive action. Understanding ability, recognising qualities, promoting achievements, inspiring what is possible. Using the advantages we possess as humans to create and do new things.

Foyer Federation (2012)

Advantaged Thinking, or AT as we call it, is a positive philosophical framework that consciously challenges negative expectations, blind spots, and limitations.

Meaning, rather than focusing on an individuals' needs, deficits, and weaknesses, we encourage connection to their goals, assets, and strengths. This application within our practice, allows us to deal more effectively with challenges and in its process, increase resiliency and aspirations.

Though discussing all that AT is, can be a challenge, it incorporates such a change in discourse that it can be difficult to get your head around. Whilst the research in this field is relatively new, the concept reaches far beyond the supported housing and youth work sector.

'what fires together, wires together'

Within psychology it's been well established that our core beliefs and perspectives create our reality – the main assumption cognitive-behavioural therapy centres its treatment on. In neurology, the saying 'what fires together, wires together' refers to how we learn and create new neural pathways – it's suggested that it takes 68 days to transform a new behaviour into a habit.

Within biology, there is a new understanding of how our thoughts can impact on our bodies which may create or inhibit diseases – the stress response can suppress the immune system. This multi-disciplinary view facilitates our awareness of AT and shows that it is more than just a framework, it is linked to new understandings of links between our psyche, health and quality of life.

We can see similarities between AT and various approaches in the youth and housing sectors, such as Asset-based, Strengths-based, Solutions focused, Psychologically informed, and Youth-led or person-centred. However, what makes AT unique is its capacity to bring these different approaches together into a concrete framework for action.

As a service provider, we've been through this paradigm shift and applied our understanding into our practice. Deep diving reflectively into how we see others, our activities and approaches, our language use, and how we measure our success.

Over that last three years, we've:

- ▶ Redeveloped the tools we use for needs assessments to widen our focus and enable a greater understanding of our residents.
- ▶ Invested in staff training to develop their skills and potential beyond their individual roles.
- ▶ Reconditioned our language use, particularly removing the use of descriptors that can limit or stigmatise people (unemployed, homeless, addict).
- ▶ Consciously developed our business model on creating the conditions for personal and social change (rather than 'fixing' pre-determined problems).
- ▶ Applied the lived experience insights of those we work for and with, to shape the services we provide.
- ▶ Diversified our care available, through psychologically informed environments, in-house counselling, wellbeing mentors, drama therapy, creativity therapists and more.

Though we continue to learn and would like to offer our deepest gratitude to the Foyer Federation for their continued support, training, and resources as we develop our Advantaged Thinking approach.



OUR IMPACT 2022

4/5



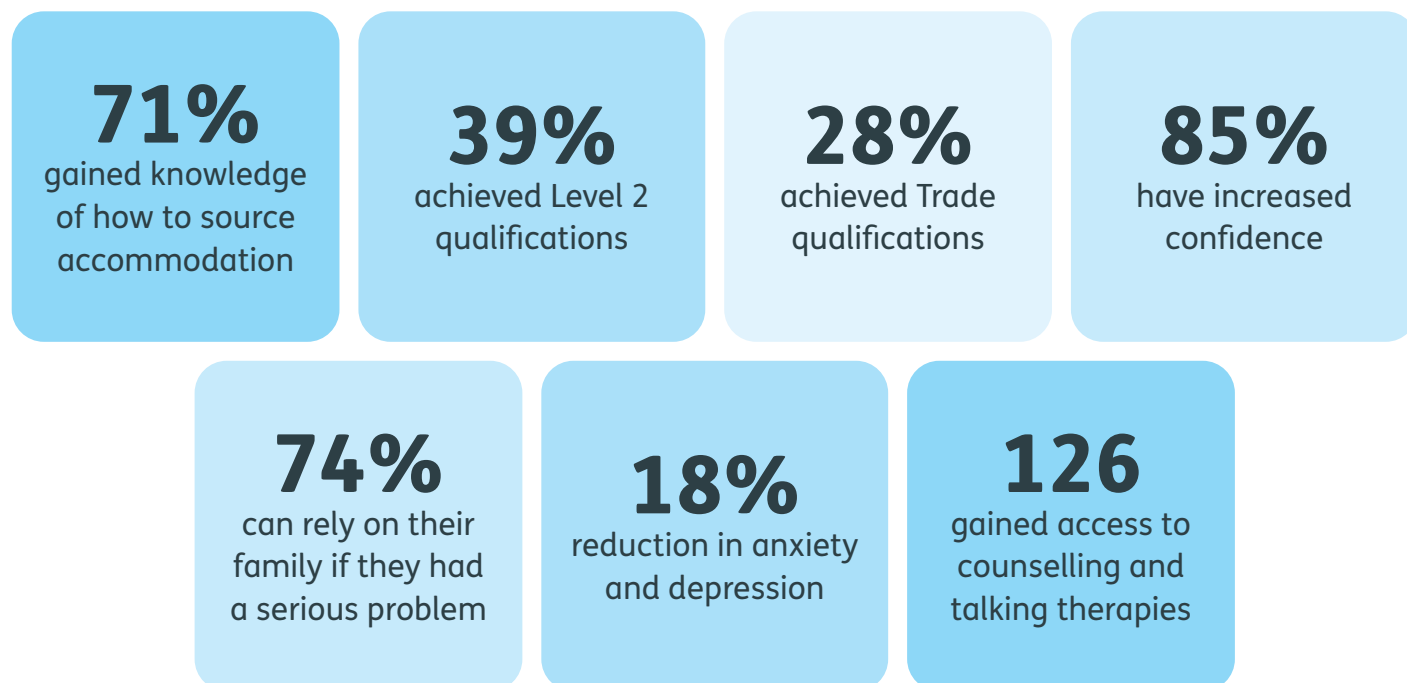
4. Data taken from iMatter
progression records
1 Jan 2022 – 31 Dec 2022

5. Data taken from YMCA
CaM outcomes achieved
1 Jan 2022 – 31 Dec 2022

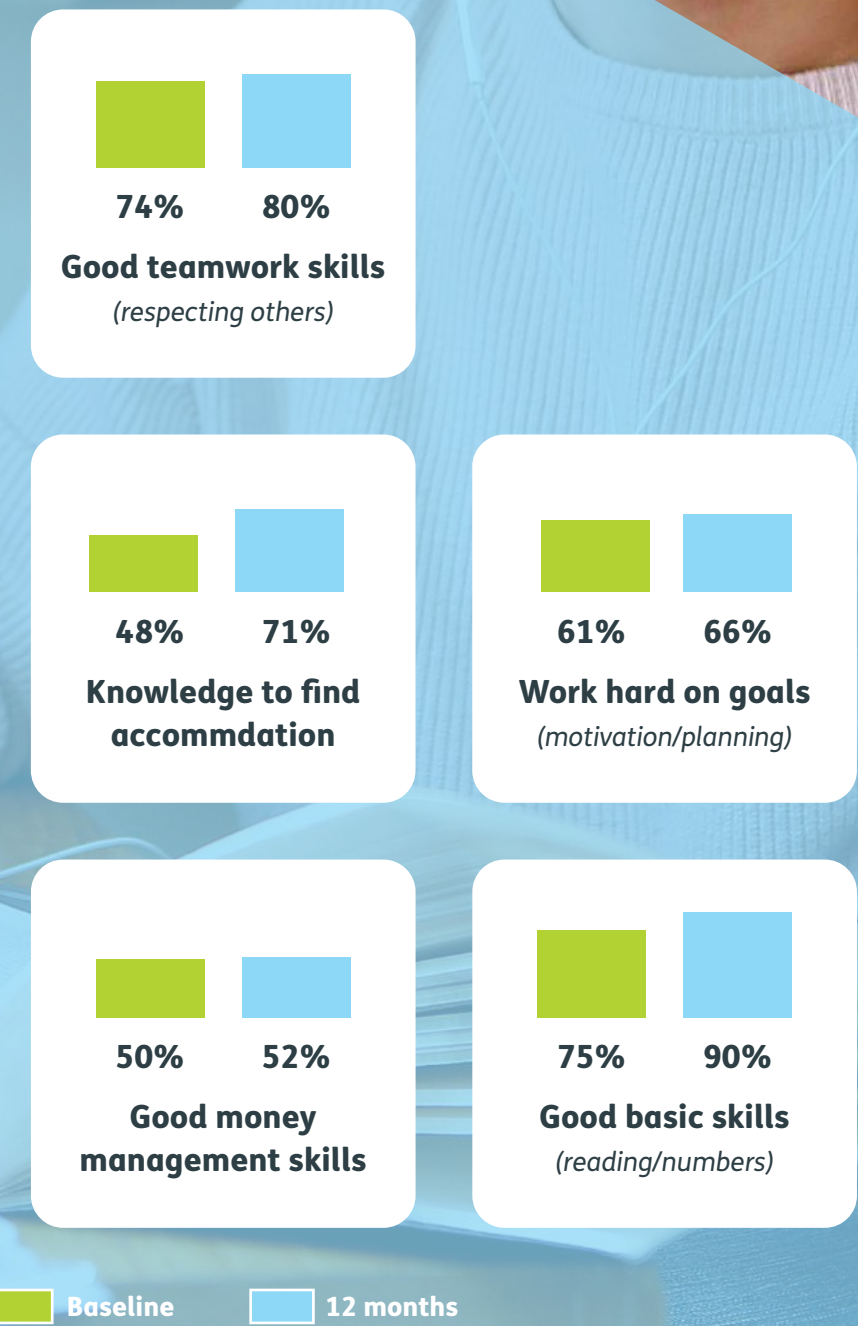
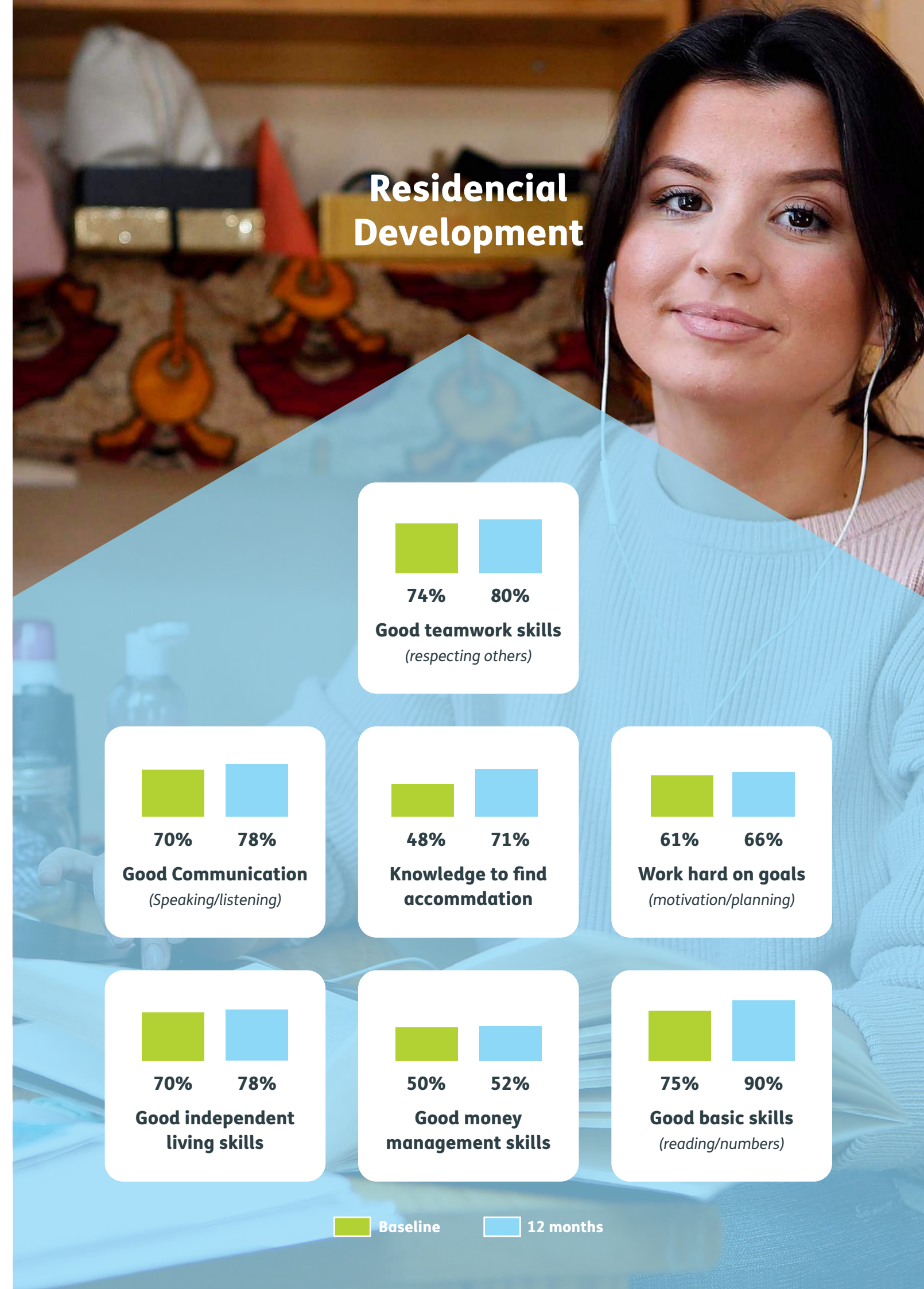
At Baseline of 272 residents



By 12 months of residency 217 achieved goals within a strengths-based framework



Residential Development



SOCIAL IMPACT THROUGH SOCIAL VALUE

Social Value is a measurement of the benefits that services and programmes bring to people and communities. This analysis has been conducted through a cost-benefit-analysis framework (CBA); the costs of the service compared against the value created.

All outcomes are taken from our cohort of residents within the period 1st January 2022 to 31st December 2022. Within this time, YMCAD had an intake of 272 residents. Though they began their journey with us at different dates within the year:



No outcomes were counted for residents who have been with us for less than 3 months, as no follow-on assessment had been completed to evidence change. All costs accrued were based on length of residency for each 3-month sub-group.

The most suitable social values, aligned to our service, were derived from HACT – a social bank specifically designed for the social and supported housing sector. Outcome values may be linked to savings to the public purse, for example, an employment outcome would not only result in savings to welfare payments, but also income to the Exchequer through tax.

Or, they may be linked to changes in wellbeing, compared against a level of income that would equate to the value of the change – for example, a significant increase in an individual’s wellbeing is rated similarly on a wellbeing scale, to an individual’s increase in personal income. These are known as Relative Values. HACT derive this insight from through large-scale population surveys.

Outcome scales from HACT have been embedded within YMCAD Resident Assessments to enable an understanding of our impact through the lens of social value. Using the HACT Social Value Bank, and data from YMCAD Resident Assessments we measured change since Baseline (see Table 1).

£1

For every

£1

invested in YMCA Derbyshire Supported Housing,

£2.44

of social value is created



Though it’s important to highlight from the get-go, the underlying assumption of this evaluation is not that a CBA can provide an absolutely watertight means of calculating social value. Change for an individual or particular group is bound in subjectivity. However, it does allow us an overview, in that money invested in our provision, is resulting in value created beyond that investment.

More so, by revealing our impact in a simple ratio, we have a focus point, that we can aspire to improve upon next year, and continually develop as a provision.

Social Value Outcome Table

| Associated outcome / value | Average person value (HACT Social Bank) | No. of participants/beneficiaries | | | Total value | Total minus deadweight |
|---|---|-----------------------------------|-------|-----|-------------------------------|------------------------|
| | | Under 25 | 25-49 | 50+ | | |
| Part-time Employment | £1,229 | 17 | 14 | 3 | £44,325 | £37,676 |
| Full-time Employment | £14,433 | 5 | 3 | 1 | £128,343 | £109,091 |
| Regular attendance at voluntary or local organisation | £1,773 | 2 | 3 | 2 | £11,996 | £9,717 |
| Regular volunteering | £3,249 | 14 | 17 | 3 | £89,403 | £72,417 |
| Employability training | £807 | 9 | 7 | 0 | £9,077 | £7,716 |
| Vocational training | £1,124 | 10 | 19 | 5 | £34,635 | £29,439 |
| Apprenticeship | £2,353 | 1 | 0 | 0 | £1,756 | £1,492 |
| Improvements in confidence (adult) | £13,080 | 2 | 15 | 4 | £274,939 | £200,706 |
| Improvements in confidence (youth) | £9,283 | 1 | - | - | £9,283 | £6,902 |
| Relief from depression/anxiety (adult) | £36,766 | 9 | 19 | 4 | £1,141,837 | £833,541 |
| Relief from depression/anxiety (youth) | £11,819 | 4 | - | - | £47,274 | £34,510 |
| Improved overall health | £20,141 | 4 | 12 | 3 | £377,267 | £275,405 |
| Relief from drug/alcohol problems | £26,124 | 8 | 17 | 1 | £722,786 | £527,633 |
| Feel in control of life | £15,894 | 4 | 2 | 2 | £122,012 | £89,068 |
| Can rely on family | £6,784 | 1 | 6 | 2 | £64,743 | £52,442 |
| Debt-free | £1,593 | 10 | 13 | 3 | £39,577 | £32,058 |
| Able to save regularly | £2,155 | 5 | 10 | 4 | £44,411 | £35,973 |
| Relief from being heavily burdened with debt | £10,836 | 1 | 4 | 1 | £68,154 | £55,205 |
| Able to pay for housing | £7,347 | 11 | 10 | 4 | £169,884 | £137,606 |
| Financial comfort | £8,917 | 9 | 8 | 4 | £175,805 | £142,402 |
| Access to internet | £2,413 | 34 | 59 | 14 | £352,347 | £285,401 |
| Rough sleeping to temporary accommodation (average) | £16,448 | 27 | 40 | 10 | £1,266,496 | £1,266,496 |
| Temporary accommodation to secure housing (average) | £8,019 | 57 | | | £457,083 | £457,083 |
| | | | | | Total (minus deadweight) | £2,771,819 |
| | | | | | Total Cost of Provision | £1,928,160 |
| | | | | | Budget : Social Impact | 1 : 2.44 |



Case Study Ethan

Came to YMCA Derbyshire after a relationship breakdown with his parents:

“I had nowhere else to turn so I was referred to YMCA Derbyshire. I go to the YMCA Community Gardens twice a week, every week. YMCA staff make sure I am up and help me get motivated to do something with my day. I’ve now got my own plot and I grow produce to be used in the Campus kitchen. If I wasn’t at the gardens, I would probably just stay in my room playing video games.

I’m now pursuing further education by taking a Railway Engineer course. I’ve got a real passion for trains and hope to gain employment when I complete my course.

I am so grateful to the YMCA for helping me turn my life around.”



Case Study Ainsley

“YMCA Derbyshire has provided me with a roof in my time of need. In September 2019, I found myself to be homeless and it was recommended by Derby Council to seek accommodation at YMCA.

The staff at YMCA has been truly helpful in many different aspects, e.g., aiding individuals to seek permanent housing, implementing a variety of goals and plans to reassure a better and more prosperous future.

In the heights of the coronavirus, they awarded me a self-maintained apartment where I could isolate myself, because I suffer from asthma. I’m currently on a Gas Engineering course, which is going extremely well. I hope to be a fully qualified Gas Engineer in the near future.

I hope to be a greater version of myself. A man my children can grow to admire.

EXPERIENCE OF SERVICE

86%
feel safe

91%
feel they have
a voice in our
provision

89%
feel respected
by staff

86%
feel that they can
turn to us to discuss
their concerns

YOU SAID

WE DID

**More stuff to do when
activities aren't on**

Invested in a new pool table, bar football, arcade machine, and Xbox for the residents' lounge

**I want more opportunity to
engage with hands-on activities,
and to lead some of our own**

Increased our volunteering opportunities, and opened the floor for residents to lead the cooking on Fridays

**When activities are on in the
lounge, there's nowhere to 'chill'**

Bought and placed settees in resident communal kitchens, for 'chill out areas'

**I don't know what opportunities
there are for local jobs**

Invited local employers and hosted onsite employer fairs. Invited local recruiters to earn while you learn providers.

**Some of the properties don't
have access to the internet**

Upcoming installation of Broadband across all properties

**Two properties were reported
to need renovation**

£18,782 was spent on redecoration, refurbishment and refurnishing. We adapted one of our units into the Serenity Room

Over **£100,000** was reinvested in YMCAD buildings and facilities in 2022



“My navigator has helped me so much by just listening to me and supporting me whilst my grandson has cancer. Referral to money sorted has eased my anxiety around debts I owe as I now have a plan moving forward. Allotments have helped my mental health.”



“I feel like my confidence has grown, and I finally feel settled and ready to move on with my life.”



“They encouraged me to start using the resources that are available, there is loads out there, it's just if you don't know, you don't know what you're looking for. They helped me find treatment for my mental health, and support to manage my debt.”



“They introduced me to growing my own food. I love the allotment, before I came here, I'd never spent any time in a garden and now I love it.”

WHAT'S NEXT FOR YMCA DERBYSHIRE

Building for the future

Cotton Lane Development – The Foundry

Our Transitional Housing development is currently underway. The Foundry has **60** units of affordable self-contained flats, including two wheelchair accessible ground floor flats. The move into housing development by YMCA Derbyshire is a response to the growing need of accessing genuinely affordable homes for young people making the transition to living independently. This is either through moving on from YMCA Derbyshire supported housing or leaving home for the first time.

The proposal includes rent set at a genuinely affordable price, for young people entering employment on low salaries. With a tenancy expected of approximately 1–2 years, this accommodation allows residents to gain a tenancy history, begin a career, and gain enough income to save for a deposit to move into the mainstream housing market.

This development is expected by August 2024

Other new developments in the pipeline...

| | | |
|-----------|--|---------------------|
| 30 | units of affordable 1-bedroom self-contained flats specifically for young people | Derby |
| 60 | units of affordable 1-bedroom self-contained flats specifically for young people | County |
| 6 | units of affordable 1-bedroom self-contained flats specifically for young people | Bolsover |
| 12 | units of supported 1-bedroomed flats/studios for individuals over the age of 30 | Derby |
| 42 | unit of supported housing in a new County Foyer for young people aged 18–25 | County |
| 30 | unit of supported 1-bedroomed studios for young people | Amber Valley |

METHODOLOGY

- ▶ Quantitative and qualitative data was extrapolated for all Live residents since our formal Core and More (CaM) assessment framework was introduced in September 2021. This was to ensure baseline data could be compared against follow-on assessments. Outcomes were counted on for those residents who achieved change within the year of 2022 (1 st January – 31 st December 2022). The sample is a clear representative of the individuals who access YMCA Derbyshire based on age, gender and presenting problems.



- ▶ Figures were produced using information the service routinely collects from people we support, including specific information on outcomes.
- ▶ Cost-benefit-analysis budget was based solely on residents who have a follow-on CaM assessment (primary data source), with reduced costs dependent on how many follow-ons an individual achieved – signifying length of stay and thereby income to YMCAD, rather than applying yearly income per resident (when few have progressed to this stage compared to intake).
- ▶ Whole numbers are estimates and are calculated by using the proportions experiencing the issue, proportions with a positive change, no change, or a negative change. Statistical averages are then conservatively rounded up or down. Data with responses that stated ‘Don’t know’ or ‘neither agree nor disagree’ were excluded. These proportions are applied sequentially to the number of residents housed in 2022.
- ▶ More detailed information can be found in the footnotes of this report.

Our Thanks

Sponsors and donations

Paul Hamlyn
Foundation Derbyshire
Morrison's
National lottery community fund
Asda
Homeless Link
TNLCF

Funders

Big Lottery
ESRF
Children in Need
Derby Homes

Awards

YMCA of the Year Award

Our resident Jamie Dial
Young Achiever of the Year Award

Partners

As the country continues to reel from the financial shockwaves caused by the economic crisis, our services will do all they can to support those experiencing homelessness. This year has been unbelievably tough, but with your support we will do our best to give hope and help to everyone who needs us.

Get involved.
Donate



Here for young people
Here for communities
Here for you

YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.